

INVITATION ONLY | EXPRESSION OF INTEREST

INVITED TO STEP UP.

Grasshopper Elite Performance Program

Ages 8+ | Starting Term 4



12 PLACES. 8 WEEKS. 16 TRAINING SESSIONS.

A focused pathway designed to prepare committed players for club trials.

8 x 60-MIN ELITE

8 x REGULAR SESSIONS

MAXIMUM 12 PLAYERS

WHAT YOUR CHILD WILL DEVELOP

- **Technical excellence**
Ball mastery, dribbling, finishing and shooting power.
- **Athletic performance**
Speed, stamina, agility, reaction and resistance training.
- **Game intelligence**
Sharper decisions, awareness and confident execution.
- **Performance mindset**
Resilience, hard work, coachability and self-belief.
- **Club-trial readiness**
Video-supported feedback, trial timetable and club contacts.

WHAT HAPPENS NEXT

- 1 Submit your EOI**
Complete the link provided in your invitation email.
- 2 Selection review**
Up to 35 invited players will be considered against our criteria.
- 3 12 offers issued**
Successful families receive a formal place and payment instructions.
- 4 Priority pathway**
Players not selected enter the priority list for the next intake.

EXPERIENCED COACHING TEAM

10+ years' combined coaching experience with NPL/VPL playing backgrounds.

\$600 INCL. GST

Pay in full: \$575 | Payment plan: 2 x \$300

No payment is required unless your child receives a confirmed place.

COMPLETE THE EOI

Use the link in your email